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Dear

Thank you for showing an interest in learning more about transcranial magnetic stimulation (TMS), a non-medication treatment for depression, anxious depression, and OCD. TMS using the NeuroStar system, which is the machine I have, has been shown to have an 83% response rate and a 62% remission rate, as opposed to many medications, which can have a lower overall recovery rate. Making use of this treatment will not interfere with your work with your therapist. If you are currently in therapy, it is highly encouraged to continue, since it is an avenue to process any information which surfaces as a result of the TMS treatment. Not processing these repressed situations in your life could potentially lead to a higher relapse rate. Also, if you are being treated by a psychiatrist, you will need to collaborate with them during this time period in case medication adjustment needs to be made.

Click the link below and fill out the wellness assessment to find out if you are a candidate!

<https://phq9web.azurewebsites.net/PHQ9/Survey/86560>

D. Gwendolyn Ross, MD